



2025 Ohio Girls Freestyle State Duals



USA WRESTLING OHIO'S FIRST GIRLS FREESTYLE STATE DUALS

Teams organized by OHSA District Boards

*Northwest, Northeast, Central, Southwest, East,
Southeast (regions may enter more than one team)*

Reach out to Coach Andrews for clarification

Juniors Born 9/1/2005 & after, plus enrolled in grades 9-12

16U Born 2009-2010

ABSOLUTLEY NO WRESTLERS WHO ARE STILL 14U ELIGIBLE

Wt Classes

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs,
145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

Coaches should organize teams and submit rosters to
coach.shawn.andrews@gmail.com no later than April 18th

- *Teams may contain 2 girls outside of their geographic area*
- *Free Agent window will open closer to the event*
- *Teams may determine if they plan to organize team gear/singlets etc it is not a requirement, all athletes should have a red and a blue singlet.*

Current Regional Coach Contacts

Central Shawn Andrews 937.243.1911 or Brian Nicola 614.260.4512

Northwest Ben Kirian 419.306.7603

Northeast Dane Johnson 330.206.7883

Southwest Rob Dearwester 513.288.8423

East/Southeast Josh Castro 740.605.8407

✓ Sunday
April 27th

✓ U16/Junior
Combined
Age Groups

✓ Compete
with girls in
your area of
the state

✓ Participation
qualifies for
USA Ohio
Freestyle
State

✓ All team
members
and coaches
must have an
active USA
athlete card

\$500
per Team

Contact

coach.shawn.andrews@gmail.com
937.243.1911

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